

# EARLY CHILDHOOD PROGRAMS

## Winter & Spring



### ADULT AND TOT - DANCE

#### LITTLE DANCERS 2-3yrs **P**

Little ones will love this introduction to the wonderful world of movement and music. Perfect for first-time participants, adults remain in studio during class for extra encouragement.

DANSKO DANCE STUDIOS

[Dansko Staff](#)

150997	Tu	Mar 31-Jun 2	9:30-10am	10/\$78
153835	Th	Apr 2-Jun 4	10:25-10:55am	10/\$78

### ADULT AND TOT - GENERAL

#### MUCKIN' AND MESSIN' 18mths-3yrs **P**

Why make a mess at home? Join us for painting, gluing, glitter, marble painting, messy play, finger paints and loads of fun. We'll have playtime, circle time, songs and gym time. Adult or caregiver participation required.

SAANICH COMMONWEALTH PLACE

[Michelle Dyas](#)

151660	Tu	Mar 3-Apr 28	9:15-10:45am	8/\$89
151663	Tu	May 5-Jun 16	9:15-10:45am	7/\$78

[Christine Lee](#)

151666	W	Mar 4-Apr 29	9:30-11am	8/\$89
151667	W	May 6-Jun 17	9:30-11am	7/\$78

#### JUMPING JELLY BEANS 18mths-3yrs **P**

This combo class starts with crafts, songs and group play for 45 minutes. After a snack, we move into the gym with ride-on toys and kindergym activities to let off some steam! Adult/caregiver participation required.

SAANICH COMMONWEALTH PLACE

[Joanne Van Dyk](#)

151027	F	Mar 6-May 1	9:15-10:45am	7/\$78
151028	F	May 8-Jun 12	9:15-10:45am	6/\$67

#### PLAYTIME COMBO 18mths-3yrs **P**

You and your little one will keep busy with fun activities and creative play. Painting, gluing, puzzles, songs, and a variety of play stations are all designed to spark your child's imagination. After snack and circle time, we move to the gym with ride-on toys and kindergym activities. Adult or caregiver participation required.

SAANICH COMMONWEALTH PLACE

[Christine Lee](#)

151681	M	Mar 2-Apr 27	9:30-11am	7/\$78
151682	M	May 4-Jun 15	9:30-11am	6/\$67

### ADULT AND TOT - MUSIC

#### MUSIC FOR LIFE 1-2yrs **P**

Have fun with your child while they learn simple music concepts. Join us to sing, play instruments and move to the music! Play interactive games that explore beat, pitch, dynamics, as well as literacy and numeracy skills. Presented by the Victoria Conservatory of Music.

SAANICH COMMONWEALTH PLACE

[Annika Saucer](#)

152956	F	Apr 10-Jun 12	8:50-9:20am	10/\$138
152957	F	Apr 10-Jun 12	9:25-9:55am	10/\$138

#### THE MUSIC CLASS Birth-4yrs **P**

Unleash your child's musical potential! Join us for 10 weeks of singing, dancing, movement and instrument play. These mixed-age, fun-filled classes stimulate a lifelong understanding and enjoyment of music. New music and songbook download included each session. Siblings under 9mths (at the first class) attend free, 9mths+ may register for \$136.

SAANICH COMMONWEALTH PLACE

[Jennifer Yuen](#)

#### THE ELEPHANT COLLECTION

152351	W	Apr 1-Jun 3	9:15-10am	10/\$215
152350	W	Apr 1-Jun 3	10:15-11am	10/\$215

**P** = PARENT OR CAREGIVER PARTICIPATION REQUIRED

## ADULT AND TOT - HEALTH & FITNESS

### BABY AND ME CORE AND MORE **P**

A safe core class for you to sculpt and strengthen your abdominals, lower back and glute muscles, with your baby by your side. Babies should not be older than 18mths.

SAANICH COMMONWEALTH PLACE

Jan Del Mistro

151465 Th Mar 5-Apr 30 11:30am-12:15pm 8/\$76

151466 Th May 7-Jun 18 11:30am-12:15pm 7/\$67

## ADULT AND TOT - SPORTS

### ACTIVE TOTS - FOUNDATIONS FOR SPORT **P**

18mths-3.5yrs

Join our hands-on coaching staff and support your child to develop their gross motor skills. Through games, songs, activity circuits and more, we'll focus on balance, core strength, hand-eye coordination and other movements which are the building blocks required for multiple sports.

ROYAL OAK MIDDLE SCHOOL

151833 Th Apr 9-Jun 11 5-5:30pm 8/\$64

### FUTURE SOCCER STARS 2-3yrs **P**

Welcome, future soccer champions! This fun, interactive program introduces the basics of soccer in a playful and engaging environment. Our sessions include fun games and exercises focusing on developing coordination, balance, and motor skills through soccer-related play. Our coaches create a supportive atmosphere where kids enjoy physical activity without pressure.

SAANICH COMMONWEALTH PLACE

Richardson Sport

### OUTDOORS

150927 F Apr 10-Jun 12 10:30-11am 10/\$140

### KINDERGYM DROP-IN **P**

1-5yrs

Kindergym is a movement program designed for children and their caregiver to play together. Balls, hoops, ride-on toys, climbers and mats allow children to creatively explore. Staff will lead circle time at the end. Get active together for life. No more than one caregiver per child. \$3.50 per child.

SAANICH COMMONWEALTH PLACE

(Drop-in with swim option straight after kindergym \$6)

#### 1-3YRS

Tu Jan 13 - Jun 16 10-10:45am

Th Jan 8 - Jun 18 10-10:45am

#### 2-5YRS

Tu Jan 13 - Jun 16 9:15-10am

Th Jan 8 - Jun 18 9:15-10am

#### 5YRS AND UNDER (NO SWIM OPTION)

Su Jan 11 - May 31 9:15-10am

## CHILDMINDING Up to 10yrs SAANICH COMMONWEALTH PLACE

### Starts January 6

Tuesday 8:45-11:30am

Wednesday 8:45-11:30am

Thursday 8:45-11:30am

You'll like it – they'll love it! Saanich Commonwealth Place is pleased to provide quality childminding care in a safe, friendly and fun environment. We recommend 1 hour and up to 1.5 hours per visit. Not available on stat holidays. Infants to 10 years. Parents/guardians must be on the premises while your child receives care. For more information, please contact Ruth Smith, Preschool Programmer at [ruth.smith@saanich.ca](mailto:ruth.smith@saanich.ca)

**Cost:** \$6.15/hr/per child

Third child and subsequent children of the same family are \$3/hr/per child

10 hour card: \$55.50

25 hour card: \$125

## EARLY CHILDHOOD - DANCE

### BALLET AND JAZZ 4-5yrs

Join us as we combine basic jazz dance technique and ballet in this fun and entertaining class. The result is the poise and grace of ballet with the high energy of jazz dance! Children will learn a choreographed dance.

SAANICH COMMONWEALTH PLACE

Dansko Staff

150991 Sa Apr 11-Jun 6 10:45-11:30am 8/\$76

### KINDER-DANCE 3-4yrs

The perfect class for the child who loves to move to music! Children enjoy a combination of creative movement, ballet and imagination. Led by patient, qualified and fun dance instructors.

SAANICH COMMONWEALTH PLACE

Dansko Staff

150996 Sa Apr 11-Jun 6 10-10:45am 8/\$76

### TAP, JAZZ AND BALLET COMBO 3-5yrs

Introduce your youngster to three popular dance styles. Children will learn the sounds and rhythms of tap dance, practice the basic positions, posture and alignment of ballet, and enjoy the lively energy of jazz dance.

DANSKO DANCE STUDIOS

Dansko Staff

150998 Tu Mar 31-Jun 2 10:10-10:55am 10/\$94

ROYAL OAK MIDDLE SCHOOL

Dansko Staff

151507 Sa Apr 11-Jun 6 9:15-10am 8/\$76

**P** = PARENT OR CAREGIVER PARTICIPATION REQUIRED

### TINY TUTUS AND TIGHTS 3-5yrs

In this fun and creative class, young dancers explore basic steps, build coordination and incorporate imagination and rhythm to their movements. A short dance will be taught.

SAANICH COMMONWEALTH PLACE

Dansko Staff

150934	Sa	Jan 10-Mar 14	9:15-10am	10/\$94
150935	Sa	Jan 10-Mar 14	12:15-1pm	10/\$94
150999	Sa	Apr 11-Jun 6	9:15-10am	8/\$76
151000	Sa	Apr 11-Jun 6	12:15-1pm	8/\$76

### EARLY CHILDHOOD - GENERAL

### ABC'S AND 123'S 3-5yrs

Is your preschooler showing an interest in learning to print letters and numbers? In this class, children learn to recognize the wonders of letters and numbers through fun, explorative, and creative play. Each class incorporates gym time for physical activity, keeping energetic preschoolers engaged. Preschool class experience required.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

150988	M	Mar 2-Apr 27	9:15-11:15am	7/\$105
150989	M	May 4-Jun 15	9:15-11:15am	6/\$90

### BACK TO NATURE 3-5yrs

The perfect program for children who love the outdoors, are captivated by animals, insects, and plants, and who delight in hands-on exploration! Learn about nature and our planet. Dress according to the weather, as we will be outside for the last half of the class in our Friendly Forest.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

150894	Th	Mar 5-Apr 30	12:15-2:15pm	8/\$120
150990	Th	May 7-Jun 18	12:15-2:15pm	7/\$105

### FUNTASTIC FRIDAYS 3-5yrs

End the week with a whole lot of FUN! Learn about dinosaurs, play group games, enjoy ooey gooey messy play, and more. We'll have gym time with our popular ride-on toys and climbing equipment, too.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

151023	F	Mar 6-May 1	9:15-11:15am	7/\$105
151024	F	May 8-Jun 12	9:15-11:15am	6/\$90

### HOW TO REGISTER

**ONLINE** at [Saanich.ca/Recreation](https://saanich.ca/Recreation)  
**PHONE** 250-475-7600

**IN PERSON** at any of our  
4 Recreation Centres



### HAPPY HANDS, HAPPY MINDS 3-5yrs

This small group program encourages young ones' creativity and learning. Children enjoy painting, theme activities, 'STEAM' enlightenment worksheets and circle time. Yoga, creative dance and gym time keep kids active, too!

SAANICH COMMONWEALTH PLACE

Dianne Holmes

151025	Tu	Mar 3-Apr 28	9:15-11:15am	8/\$120
151026	Tu	May 5-Jun 16	9:15-11:15am	7/\$105

### K-TOTS 3-5yrs

This multicultural class blends Korean and English and is ideal for children who speak either language. Christine will use both languages in songs, stories, creative playtime, crafts, and circle time. A great opportunity to prepare for kindergarten. No adult/guardian participation.

SAANICH COMMONWEALTH PLACE

Christine Lee

151020	Sa	Apr 11-May 30	9:30-11:30am	8/\$120
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### MAGIC OF SCIENCE 3-5yrs

Great for the child who loves to ask, "Why?" Why do objects sink or float? Who paints rainbows in the sky? Our staff will perform experiments while the kids discover the magic of science. This class is complete with circle time, songs, games, artwork and time in the gym.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

151021	Tu	Mar 3-Apr 28	10:30am-12:30pm	8/\$120
151022	Tu	May 5-Jun 16	10:30am-12:30pm	7/\$105

### MORNING DELIGHT 3-5yrs

Preschoolers explore different activities each week in this delightful small group class. Program leader Janet introduces science experiments, creative movement, yoga, music, crafts and messy play. Kids also stay active with gym time.

SAANICH COMMONWEALTH PLACE

Janet Mulhall

151656	W	Mar 4-Apr 29	9:15-11:15am	8/\$120
151657	W	May 6-Jun 17	9:15-11:15am	7/\$105

### SILLY SATURDAYS 3-5yrs

Preschool and kindergarten kids will enjoy creative play, listen and move to music, seasonal take home activities and group time. Different 'STEAM' worksheets for different ages are available if kids are interested. Forest walks include scavenger hunts, imaginary trips to the jungle, museums, travel destinations, restaurants, wherever imagination takes us.

SAANICH COMMONWEALTH PLACE

Dianne Holmes

151958	Sa	Apr 11-Jun 13	9:30-11:30am	9/\$135
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NOW ON  
WEEKEND

## STEPPING UP TO PRESCHOOL 2.5-4yrs

This transitional program is the perfect steppingstone to preschool. In the classroom, children learn to stay with the instructor for crafts, free time, stories and circle time; then adults join the class for snacks and kindergym activities.

SAANICH COMMONWEALTH PLACE

Christine Lee

152144	Tu	Mar 3-Apr 28	9:30-11:30am	8/\$120
152141	Th	Mar 5-Apr 30	9:30-11:30am	8/\$120
152145	Tu	May 5-Jun 16	9:30-11:30am	7/\$105
152142	Th	May 7-Jun 18	9:30-11:30am	7/\$105

Michelle Dyas

152139	W	Mar 4-Apr 29	9:30-11:30am	8/\$120
152140	W	May 6-Jun 17	9:30-11:30am	7/\$105

## STEPPING UP TO KINDERGARTEN 3-5yrs

Developed to help make the transition into full-day Kindergarten easy. We will have fun through learning with experiments, practice listening skills and interactive group time at circle time, and being creative with crafts. Gym time will also add to the fun.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

151973	Th	Mar 5-Apr 30	9:20-11:20am	8/\$120
151974	Th	May 7-Jun 18	9:20-11:20am	7/\$105

## EARLY CHILDHOOD - DANCE

## PIANO FOR PRESCHOOLERS 3-5yrs

A creative class for adults and children to learn to find notes together and play a song by the end of the course. Participants will also be taught to read music, play by ear and compose their own songs. The materials fee is included in the cost.

SAANICH COMMONWEALTH PLACE

PJ Music Studio

153538	Sa	Apr 11-Jun 6	9-9:30am	8/\$151
153539	Sa	Apr 11-Jun 6	9:30-10am	8/\$151
153540	Su	Apr 12-Jun 7	1-1:30pm	8/\$151
153541	Su	Apr 12-Jun 7	1:30-2pm	8/\$151

## EARLY CHILDHOOD - SPORTS

## ACTIVE PRESCHOOLERS - FOUNDATIONS FOR SPORT 3-5yrs

Through games, songs, activity circuits and more, we'll have your preschooler moving, playing and having fun! Our focus will be on balance, core strength, hand-eye coordination, and other gross motor movements which are the building blocks required for multiple sports.

ROYAL OAK MIDDLE SCHOOL

151831	Th	Apr 9-Jun 11	5:45-6:30pm	8/\$88
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## HOME RUN HEROES 3-5yrs

An engaging baseball class that teaches the game in a positive and supportive environment that focuses on skill development, teamwork, and having fun. Drills and interactive games teach the fundamental skills: hitting, throwing, catching, and running the bases. Gain confidence, improve coordination, and develop a love for the sport.

SAANICH COMMONWEALTH PLACE

Richardson Sport

150904	F	Apr 10-Jun 12	11-11:45am	10/\$150
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## Full Year Outdoor Programs for Preschoolers 3-5YRS

Register February 7 for Sept 2026 - June 2027

Registration in person only

## KIDDIE CAPERS FOREST CLASSROOM 3-5yrs

Join our 10-month play-based program in the Friendly Forest for children aged 3-5, a perfect place to help children learn and grow while developing a deep connection to the natural world. Led by Tammy Williams, who brings 16 years of preschool experience and 6 years of specialization in Nature Preschool, your child will thrive in our intentionally designed outdoor classroom, where nature becomes both teacher and playground.

Young children learn through play and exploration, so we prioritize child-led activities in our thoughtfully crafted outdoor setting, where educators provide gentle guidance to foster social skills and independence. Each day begins with circle time, featuring stories, songs, counting, and letter work. Teacher-led activities focus on art, science, and games to develop fine and gross motor skills, complemented by field trips and nature walks to instill an appreciation for our environment. Children must register for at least two days a week and be 3 years old by October 31, 2026.

In-person registration only.

SAANICH COMMONWEALTH PLACE

Tammy Williams, Jo Van Dyk, Christie Lee, Tiffany Kidder

154324	M	Sep 14-Jun 14	9am-1pm	\$126/mnth
<b>FULL</b>	Tu	Sep 15-Jun 15	9am-1pm	\$126/mnth
154326	W	Sep 16-Jun 16	9am-1pm	\$126/mnth
<b>FULL</b>	Th	Sep 17-Jun 17	9am-1pm	\$126/mnth
154328	Fri	Sep 18-Jun 18	9am-1pm	\$126/mnth

## Questions?

Contact Ruth Smith - Pre-School Programmer  
250-475-7603 or ruth.smith@saanich.ca

**OPEN  
HOUSE**

Sat, Jan 31  
9-10am